Syllabus

for

Bachelor of Arts Programme

in

Psychology

under

Choice Based Credit System (CBCS)

(2023-24 onwards)

of

NEW EDUCATION POLICY

(NEP-2020)

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Psychology

(A) Major Core Courses

Sl. No.	Sem	Type ofCourse	Name ofCourse	Credits	Marks
1.	I	MJC-1	Introduction to General Psychology	6	100
2.	II	MJC-2 (T)	Foundation of Social Psychology (T)	4	100
		MJC-2 (P)	Foundation of Social Psychology (P)	2	100
3.	III	MJC-3	Developmental Psychology	5	100
4.	III	MJC-4 (T)	Introduction to Statistics (T)	3	100
		MJC-4 (P)	Introduction to Statistics (P)	1	100
5.	IV	MJC-5	Abnormal Psychology	5	100
6.	IV	MJC-6 (T)	Educational Psychology (T)	3	100
		MJC-6 (P)	Educational Psychology (P)	2	100
7.	IV	MJC-7 (T)	Systems of Psychology (T)	3	100
		MJC-7 (P)	Systems of Psychology (P)	2	100
8.	V	MJC-8 (T)	Clinical Psychology (T)	3	100
		MJC-8 (P)	Clinical Psychology (P)	2	100
9.	V	MJC-9 (T)	Counselling and Guidance Psychology (T)	3	100
		MJC-9 (P)	Counselling and Guidance Psychology (P)	2	100
10.	VI	MJC-10	Cognitive Psychology	4	100
11.	VI	MJC-11 (T)	Biopsychology (T)	3	100
		MJC-11 (P)	Biopsychology (P)	2	100
12.	VI	MJC-12 (T)	Health Psychology (T)	3	100
		MJC-12 (P)	Health Psychology (P)	2	100
13.	VII	MJC-13 (T)	Introduction to Psychometrics (T)	3	100
		MJC-13 (P)	Introduction to Psychometrics (P)	2	100
14.	VII	MJC-14	Research Methodology	5	100
15.	VII	MJC-15 (T)	Criminal Psychology (T)	4	100
		MJC-15 (P)	Criminal Psychology (P)	2	100
16.	VIII	MJC-16	Industrial / Organizational Psychology	4	100

Sub Total = 80

(B) Minor Courses to be offered by the Department for students of other Departments of Social Science

Sl. No.	Sem	Type of Course	Name of Course	Credits	Marks
1.	I	MIC-1	Introduction to General Psychology	3	100
2.	II	MIC-2	Foundation of Social Psychology	3	100
3.	III	MIC-3	Developmental Psychology	3	100
4.	IV	MIC-4	Introduction to Statistics	3	100
5.	V	MIC-5	Abnormal Psychology	3	100
6.	V	MIC-6	Educational Psychology	3	100
7.	VI	MIC-7	Systems of Psychology	3	100
8.	VI	MIC-8	Clinical Psychology	3	100
9.	VII	MIC-9	Counselling and Guidance Psychology	4	100
10.	VIII	MIC-10	Cognitive Psychology	4	100

Sub Total = 32

Note: The Department may reduce the syllabus of the Minor Courses as per the credit distribution. The Department concerned may also decide practical courses.

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(C) Multidisciplinary Courses to be offered

Sl. No.	Sem	Type of Course	Name of Course	Credits	Marks
1.	I	MDC-1	To be selected from the basket	3	100
2.	II	MDC-2	To be selected from the basket	3	100
3.	III	MDC-3	To be selected from the basket	3	100

Sub Total = 09

(D) Ability Enhancement Courses to be offered

Sl. No.	Sem	Type of Course	Name of Course	Credits	Marks
1.	I	AEC-1	MIL	2	100
2.	II	AEC-2	Environmental Science	2	100
3.	III	AEC-3	Disaster Risk Management	2	100
4.	IV	AEC-4	NCC/NSS/NGOs/Social Service/ Scout and Guide/Sports	2	100

Sub Total = 08

(E) Skill Enhancement Courses to be offered

Sl. No.	Sem	Type of Course	Name of Course	Credits	Marks
1.	I	SEC-1	To be selected from the basket	3	100
2.	II	SEC-2	To be selected from the basket	3	100
3.	III	SEC-3	To be selected from the basket	3	100

Sub Total = 09

(F) Value Added Courses to be offered

Sl. No.	Sem	Type of Course	Name of Course	Credits	Marks
1.	I	VAC-1	To be selected from the basket	3	100
2.	II	VAC-2	To be selected from the basket	3	100

Sub Total = 06

Sl. No.	Sem	Type of Course	Name of Course	Credits	Marks
1.	v	INT-1	Summer Internship	4	100

Sl. No.	Sem	Type of Course	Name of Course	Credits	Marks
1.	VIII	RP-1	Research/Dissertation	12	100

Grand Total = 160 Credits

(G) Basket for Multidisciplinary Courses (MDC)
To be decided by Respective Department

(H) Basket for Skill Enhancement Courses (SEC)
See at the end of structure (this booklet)

(I) Basket for Value Added Courses (VAC)
See at the end of structure (this booklet)

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Psychology

SEMESTER–I

PAPER	:	**MJC-I (T)**	**Full Marks : 100**	
TITLE OF THE PAPER	:	**Introduction to General Psychology**	**ESE**	**: 70**
CREDIT	:	**4**	**CIA**	**: 30**

Course Outcomes

After the completion of the course, the students will be able to:

CO1: Get understanding about psychology, its sub-field and perspectives.

CO2: Acquaint themselves of major concepts, theoretical perspectives and research findings in Psychology.

CO3: Develop familiarity of various psychological processes such as learning, memory, motivation, emotion, etc.

CO4: Develop an insight into their own and others' behavior and underlying mental processes.

MJC 1: Introduction to General Psychology (Theory:4credit)		
Unit	**Topics to be covered**	**No. of Lectures**
1	**Introduction** 1.1 Psychology as a scientific study of behavior, Sub-fields and applications of Psychology 1.2 Perspectives of Psychology-Psychodynamic, Behavioral, Cognitive, Humanistic and Positive 1.3 Methods : Experimental, Interview and Case study	08
2	**Learning and Memory** 2.1 Learning: Meaning, Theories of learning: Classical conditioning, Instrumental conditioning and Observational learning 2.2 Memory: Sensory, STM and LTM; Forgetting and its causes	10
3	**Motivation & Emotion** 3.1 Motivation : Nature and types, Need-hierarchy model 3.2 Emotion : Nature, Bodily changes in emotion, 3.3 Theories of emotion - James-Lange theory, Cannon-Bard theory and Schachter– Singer theory 3.4 Emotional Intelligence- Meaning, Dimensions and implications	12
4	**Individual Differences** 4.1 Intelligence : Nature and Theories: Spearman's Two-factor theory, Thurstone's theory and Sternberg's Triarchic theory of intelligence 4.2 Personality : Nature, Determinants and theories, Freud, Social cognitive theory, Big Five Factor theory	10
	TOTAL	40

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SEMESTER–I

PAPER	:	**MJC-I (P)**	**Full Marks : 100**
TITLE OF THE PAPER	:	**Introduction to General Psychology**	**ESE : 70**
CREDIT	:	**2**	**CIA : 30**

MJC 1:Introduction to General Psychology (Practical : 2 credit)
Practical:- Based on course MJC 1(P) Introduction to General Psychology, students are required to conduct any TWO experiments from the following :- 1. Transfer of Training. 2. Learning by Serial recall 3. Zeigarnik Effect 4. Effect of knowledge of result on performance 5. Retroactive Inhibition

Suggested Readings:

1. Morgan, C.T., King, R.A., Weiss, J.R.; and Schopler, J. (1993). Introduction to Psychology. New York: Tata McGraw Hill.
2. Ciccarelli, S.K. & Meyer, G.E. (2007). Psychology (South Asian Edition). India: Pearson Education Inc.
3. Baron, R. A. & Misra, G. (2014). Psychology, Indian Subcontinent Edition, Pearson Education.
4. Singh, A.K. Uchchatar Samanya Manovigyan. Motilal Banarsidas, Patna.
5. Suleman & Tarannum (2005). Manovigyan mein Prayog aur Parikshan, Motilal Banarasi Das.
6. Singh, A. K. (2014). Uchchatar Manovigyanik Prayog evam Parikshan, Motilal Banarasi Das.
7. Mohsin, S. M. (1974). Experiments in Psychology, Oxford Publications, New Delhi.
8. D. Amato, M. R. (1970). Experimental Psychology : Methodology, Psycho-physics & learning, New York, Mc Graw Hill.

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SEMESTER–II

PAPER	:	**MJC-2 (T)**	**Full Marks : 100**
TITLE OF THE PAPER	:	**Foundation of Social Psychology**	**ESE : 70**
CREDIT	:	**4**	**CIA : 30**

Course Outcomes

After the completion of the course, the student will be able to:

CO1: Understand the basic socio-psychological concepts, relevant methods.

CO2: Familiarize with different socio-psychological concepts in relation to real life social issues.

CO3: Develop an understanding pertaining to social influence processess, concepts of harming and helping behaviours, etc.

CO4: Understand the way in which social psychology diverges or converges with our own common sense in understanding of the world.

MJC 2 : Foundation of Social Psychology (Theory : 4 credit)		
Unit	**Topics to be covered**	**No. of Lectures**
1	**Introduction** 1.1 Social Psychology: Definition, Nature and Scope 1.2 Methods of social psychology: Survey and Correlation methods	06
2	**Social Perception and Social Cognitions** 2.1 Social perception: Meaning, Role of Non-verbal cues. 2.2 Impression formation and management 2.3 Social cognition : Social Loafing and Social Facilitation 2.4 Social influence: Conformity, Compliance and Obedience 2.5 Interpersonal attraction: Meaning and Factors of interpersonal attraction	14
3	**Behavior in Groups** 3.1 Nature, Classification and Functions of group 3.2 Group dynamics, Group decision making, 3.3 Factors influencing group cohesiveness 3.4 Intergroup relations: Prejudice, Sources and Reduction, techniques	10
4	**Attitude, Prosocial behavior and Aggression** 4.1 Attitude: Nature, Components, Formation of attitude 4.2 Change of attitude - Balance theory, Cognitive Dissonance theory 4.3 Prosocial behavior: Nature, Determinants, theories 4.4 Aggression: Nature, Causes and Control	10
	TOTAL	40

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SEMESTER–II

PAPER	:	**MJC-2 (P)**	**Full Marks : 100**
TITLE OF THE PAPER	:	**Foundation of Social Psychology**	**ESE : 70**
CREDIT	:	**2**	**CIA : 30**

MJC 2: Foundation of Social Psychology (Practical)
(Practical: 2 credits)

Practical:-

Based on course MJC 2 (P) Foundation of Social Psychology, students are required to conduct any TWO tests from the following -

1. Attitude Measurement
2. Social behavior
3. Social competence
4. Self-concept / Self esteem

Suggested Readings:

1. Baron, R.A. & Branscombe, N.R. (2011). Social Psychology (13th Edition), Pearson Education: New Delhi.
2. Baumister, R.F. & Bushman, B.J. (2013). Social Psychology and Human Nature, Wadsworth.
3. Misra, G. (1990). Applied Social Psychology in India: Sage Publications: New Delhi.
4. Myers, D.G. (2010). Exploring Social Psychology, New York: McGraw Hill.
5. Singh, A. K. Uchchtar Samaj Manovigyan. Motilal Banarsidas.
6. Singh, A. K. (2014). Uchchtar Manovigyanik Prayog evam Parikshan. Motilal Banarsidas.

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Psychology

SEMESTER–I

PAPER	:	**MIC-I (T)**	**Full Marks : 100**
TITLE OF THE PAPER	:	**Introduction to General Psychology**	**ESE : 70**
CREDIT	:	**2**	**CIA : 30**

Course Outcomes

After the completion of the course, the students will be able to :

CO1: Understand about psychology and its current status.

CO2: Get acquainted with major concepts of psychology.

CO3: Develop familiarity with sensation, perception, learning, motivation and memory.

CO4: Get acquainted with implications of experimental findings.

MIC 1: Introduction to General Psychology (Theory : 2 credit)		
Unit	**Topics to be covered**	**No. of Lectures**
1	**Introduction** Nature and scope of Psychology, Methods, Subfields, Recent Trends in Psychology	04
2	**Sensation and Perception** Structure and Functions of Eye and Ear, Perceptual Organization, Illusions	06
3	**Learning and Memory** Learning : Meaning, Methods of Learning, Motivation : Biological and Sociological, Memory : Types of Memory, Forgetting and its causes	10
	TOTAL	20

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SEMESTER–I

PAPER	:	**MIC-I (P)**	**Full Marks : 100**
TITLE OF THE PAPER	:	**Introduction to General Psychology**	**ESE : 70**
CREDIT	:	**1**	**CIA : 30**

MIC 1:Introduction to General Psychology (Practical : 1 credit)
Practical:- Based on course MIC 1(P) Introduction to General Psychology, students are required to conduct any TWO experiments from the following :- 1. Zeigarnik Effect 2. Learning by Free recall 3. Maze Learning 4. Muller-Lyer Illusion

Suggested Readings:

1. Morgan, C.T., King, R.A., Weiss, J.R.; and Schopler, J. (1993). Introduction to Psychology. New York: Tata McGraw Hill.
2. Ciccarelli, S.K. & Meyer, G.E. (2007). Psychology (South Asian Edition). India: Pearson Education Inc.
3. Baron, R. A. & Misra, G. (2014). Psychology, Indian Subcontinent Edition, Pearson Education
4. Singh,A.K. Uchchatar Samanya Manovigyan. Motilal Banarsidas, Patna.
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6. Mohsin, S. M. (1974). Experiments in Psychology, Oxford Publications, New Delhi.

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SEMESTER–II

PAPER	:	**MIC-2 (T)**	**Full Marks : 100**
TITLE OF THE PAPER	:	**Foundation of Social Psychology**	**ESE : 70**
CREDIT	:	**2**	**CIA : 30**

Course Outcomes

After the completion of the course, the student will be able to:

CO1: Understand the basic Socio-psychological concept and methods.
CO2: Familiarize with different socio-psychological concepts regarding real life social issues.
CO3: Develop understanding of group and leadership.
CO4: Understand activities related to social interactions.

MIC 2 : Foundation of Social Psychology (Theory : 2 credit)		
Unit	**Topics to be covered**	**No. of Lectures**
1	**Introduction** 1.1 Social Psychology : Definition and Scope 1.2 Methods of social psychology: Observation and field study	04
2	**Social Perception and Social Interaction** 2.1 Social perception: Meaning, Perceptual defense, Information formation 2.2 Social Interaction : Interpersonal attraction and its determinants	04
3	**Behavior in Groups and Leadership** 3.1 Group : Nature, Classification and Functions 3.2 Intergroup relation : Prejudice, Sources and Reduction techniques 3.3 Leadership : Meaning & Styles	06
4	**Attitude, Pro-social behavior and Aggression** 4.1 Attitude: Nature, Components and Change of attitudes 4.2 Pro-social behavior: Nature, Determinants 4.3 Prejudice : Nature, Causes	06
	TOTAL	20

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SEMESTER–II

PAPER	:	**MIC-2 (P)**	**Full Marks : 100**
TITLE OF THE PAPER	:	**Foundation of Social Psychology**	**ESE : 70**
CREDIT	:	**1**	**CIA : 30**

MIC 2: Foundation of Social Psychology (Practical)
(Practical: 1 credit)

Practical:-

Based on course MIC 2 (P) Foundation of Social Psychology, students are required to conduct any TWO tests from the following -

1. Attitude Measurement
2. Prejudice Measurement
3. Self-concept Measurement

Suggested Readings:

1. Baron, R.A. & Branscombe, N.R. (2011): Social Psychology (13th Edition), Pearson Education: New Delhi.
2. Baumister, R.F. & Bushman, B.J. (2013). Social Psychology and Human Nature, Wadsworth
3. Misra, G. (1990). Applied Social Psychology in India: Sage Publications: New Delhi.
4. Myers, D.G. (2010). Exploring Social Psychology, New York: McGraw Hill.
5. Singh, A. K. Uchchtar Samaj Manovigyan. Patna : Motilal Banarsidas.
6. Singh, A. K. (2014). Uchchtar Manovigyanik Prayog evam Parikshan. Motilal Banarsidas.

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